

**BODY ELEMENTS CHIROPRACTIC  
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**NEW PATIENT INTAKE FORMS**

**Patient Data** \_\_\_\_\_ **Date** \_\_\_\_\_

Title: (check one) \_\_\_\_\_ Mr. \_\_\_\_\_ Ms. \_\_\_\_\_ Miss \_\_\_\_\_ Dr. \_\_\_\_\_ Other

First Name \_\_\_\_\_ Middle Initial \_\_\_\_\_ Last Name \_\_\_\_\_

I prefer to be called by \_\_\_\_\_

Address Line \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Home Phone (\_\_\_\_) \_\_\_\_\_ Work Phone (\_\_\_\_) \_\_\_\_\_

Cell Phone (\_\_\_\_) \_\_\_\_\_ Email \_\_\_\_\_

Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Sex: \_\_\_\_\_ Male \_\_\_\_\_ Female

Social Security Number: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Marital Status: \_\_\_ Single \_\_\_ Married \_\_\_ Other

Employment Status: \_\_\_\_\_ Employed \_\_\_\_\_ Unemployed \_\_\_\_\_ FT Student  
\_\_\_\_\_ PT Student \_\_\_\_\_ Other

**Emergency Contact** \_\_\_\_\_

Contact Name \_\_\_\_\_ Relationship to Patient \_\_\_\_\_

Contact Home Phone (\_\_\_\_) \_\_\_\_\_ Cell Phone (\_\_\_\_) \_\_\_\_\_

How did you hear about our office? \_\_\_\_\_

**Patient Name** \_\_\_\_\_

**Date** \_\_\_\_\_

**Medical Conditions:** (Check all that apply to you)

- Arthritis       Cancer       Diabetes       Heart Disease  
 Hypertension       Psychiatric Illness       Skin Disorder       Stroke  
 Other \_\_\_\_\_

**Surgeries:** (Check all that apply to you)

- Appendectomy       Cardiovascular procedure       Cervical spine       Hysterectomy  
 Joint Replacement       Prostate       Lumbar spine       Gall Bladder  
 Brain       Shoulder       Thoracic spine       Knee  
 Carpal Tunnel       Gastro-intestinal       Uro-genital       Hernia  
 Other \_\_\_\_\_

**Allergies:** (List any allergies)

**Social History:** (Check all that apply to you)

- Caffeine use:     occasional     often     never  
Drink Alcohol:     occasional     often     never  
Exercise:     occasional     often     never  
Tobacco Use:     occasional     often     never  
Sleep: Hours per night \_\_\_\_\_  
Stress Level: High    Moderate    Low    None

**Family History:** (Check all that apply)

- Arthritis:       Parent       Sibling  
Cancer:       Parent       Sibling  
Diabetes:       Parent       Sibling  
Heart Disease:       Parent       Sibling  
Hypertension:       Parent       Sibling  
Stroke:       Parent       Sibling  
Thyroid:       Parent       Sibling  
Other \_\_\_\_\_

**Patient Name** \_\_\_\_\_

**Date** \_\_\_\_\_

**Review of Systems** – (Check if you have had trouble with any of the following within the last 3 months)

**General:**

- Weight change
- Fever
- Chills
- Night Sweats
- Weakness
- Fatigue

**Skin:**

- Rash
- Itching
- Hair Changes
- Nail Changes

**Cardio:**

- Murmur
- Chest Pain
- Palpitations
- Difficulty Breathing
- Cough
- Wheezing
- Blue Extremities
- Swollen Extremities

**Eyes:**

- Vision
- Pain
- Discharge

**Neurologic:**

- Headache
- Dizziness
- Fainting
- Convulsions

**Breasts:**

- Mass
- Pain
- Discharge
- Self-exam

**Ears:**

- Hearing
- Ringing
- Pain
- Discharge

**G-I:**

- Appetite
- Abdominal Pain
- Vomiting
- Diarrhea
- Constipation

**Psychologic:**

- Anxiety
- Depression
- Moods
- Memory

**Nose:**

- Pain
- Bleeding
- Taste

**G-U:**

- Frequent Urination
- Painful Urination
- Incontinence

**Musculoskeletal**

- Neck
- Upper Extremities
- Upper Back
- Lower Extremities
- Lower Back

**Mouth/Throat:**

- Sores
- Bleeding
- Taste

**Additional Info:**

Please list ALL current medications and/or supplements being taken:

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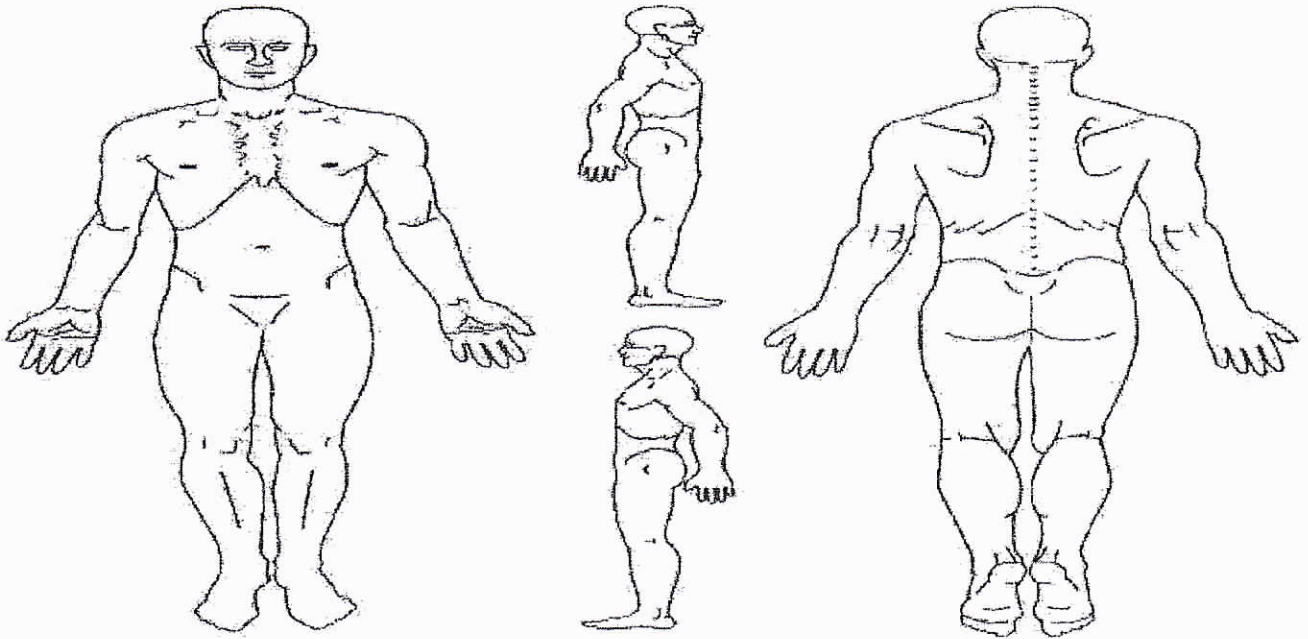
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Patient Name \_\_\_\_\_ Date \_\_\_\_\_

Are you pregnant? Yes \_\_\_ No \_\_\_ N/A \_\_\_

By using the key below, indicate on the body diagram where you are experiencing pain:



On average rating from 0-10, how much pain are you experiencing? 0 = no pain and 10 = the worst pain imaginable?

Please circle: 0 1 2 3 4 5 6 7 8 9 10

Describe your symptoms in order of severity, with worse symptom being #1: \_\_\_\_\_  
\_\_\_\_\_

Are your symptoms a result of:  Motor Vehicle Accident  Work related Accident  Other \_\_\_\_\_

How are your symptoms changing?

Getting better  Not changing  Getting worse

**Patient Name** \_\_\_\_\_

**Date** \_\_\_\_\_

**Activities of Daily Living**

**Please circle if you have pain or difficulty performing the following:**

Bending                      Carrying Groceries    Change Posn–Sit–Stand    Climb Stairs  
Driving  
Extended Computer Use                      Feeding                      Household Chores    Kneeling  
    Lift Children  
Lifting                      Pet Care                      Reading (Concentration)                      Self Care–Bathing  
Self Care–Dressing  
Sexual Activities                      Sleep                      Static Sitting                      Static Standing  
    Walking  
Yard Work                      Other \_\_\_\_\_

**What type of treatment are you looking for?**

\_\_\_ I am looking for the most minimal amount of care to “patch up the symptoms” of my problem

\_\_\_ I am looking to resolve my symptoms and then go on to “fix the cause” of my problem

\_\_\_ I am looking to take care of my problem and then go on to “achieve optimal health and wellness”

**Cancellation Policy**

We are very pleased to participate in your healthcare, and have set aside time for your appointment. We understand that sometimes it is necessary to cancel or change an appointment. In consideration of the others who need care, we ask that if you are unable to keep an appointment with our office, that you please observe our cancellation policy which follows:

Our office requires at least 24 hour notice for all appointment cancelations. If you are unable to provide 24 hour notice, you will be billed a \$25.00 charge to your credit card on file for scheduled chiropractic appointments.

Please circle one:    Visa    Discover    MasterCard

Card Number: \_\_\_\_\_

Expiration Date: \_\_\_\_\_

Cardholder: \_\_\_\_\_

Signature: \_\_\_\_\_

Your credit card will not be charged without notification. It is kept on file only to enforce the cancellation policy.

Please sign stating you agree to the terms and conditions.

Signature \_\_\_\_\_ Date: \_\_\_\_\_

# CHIROPRACTIC INFORMED CONSENT TO TREAT

I hereby request and consent to the performance of chiropractic procedures, including various modes of physiotherapy, diagnostic x-rays, and any supportive therapies on me (or on the patient named below, for whom I am legally responsible) by the doctor of chiropractic indicated below and/or other licensed doctors of chiropractic and support staff who now or in the future treat me while employed by, working or associated with or serving as back-up for the doctor of chiropractic named below, including those working at the clinic or office listed below or any other office or clinic, whether signatories to this form or not.

I have had an opportunity to discuss with the doctor of chiropractic named below and/or with other office or clinic personnel the nature and purpose of chiropractic adjustments and procedures.

I understand and I am informed that, as is with all Healthcare treatments, results are not guaranteed and there is no promise to cure. I further understand and I am informed that, as is with all Healthcare treatments, in the practice of chiropractic there are some risks to treatment, including, but not limited to, muscle spasms for short periods of time, aggravating and/or temporary increase in symptoms, lack in improvement of symptoms, fractures, disc injuries, strokes, dislocations and sprains. I do not expect the doctor to be able to anticipate and explain all risks and complications, and I wish to rely on the doctor to exercise judgment during the course of the procedure which the doctor feels at the time, based upon the facts then known, and is in my best interests.

I further understand that Chiropractic adjustments and supportive treatment is designed to reduce and/or correct subluxations allowing the body to return to improved health. It can also alleviate certain symptoms through a conservative approach with hopes to avoid more invasive procedures. However, like all other health modalities, results are not guaranteed and there is no promise to cure. Accordingly, I understand that all payment(s) for treatment(s) are final and no refunds will be issued.

I further understand that there are treatment options available for my condition other than chiropractic procedures. These treatment options include, but not limited self-administered, over the counter analgesics and rest; medical care with prescription drugs such as anti-inflammatories, muscle relaxants and painkillers; physical therapy; steroid injections; bracing; and surgery. I understand and have been informed that I have the right to a second opinion and secure other opinions if I have concerns as to the nature of my symptoms and treatment options.

I have read, or have had read to me, the above consent. I have also had an opportunity to ask questions about its content, and by signing below I agree to the above-named procedures. I intend this consent to cover the entire course of treatment for my present condition and for any future condition(s) for which I seek treatment.

Name of Patient: \_\_\_\_\_

Signature of Patient: \_\_\_\_\_

Name Printed of Guardian/Parental and Relationship to Patient: \_\_\_\_\_

Guardian/Parental Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Doctor of Chiropractic Name: \_\_\_\_\_

Signature of Doctor of Chiropractic: \_\_\_\_\_

Date: \_\_\_\_\_

## **Health Insurance Portability and Accountability Act of 1996**

**Body Elements Chiropractic** is required by applicable federal and state law to maintain the privacy of your personal health information (“PHI”). We are also required to give you this notice about our privacy practices, our legal duties and your rights concerning your health information. We must follow the privacy practices that are described in this notice while it is in effect, which will remain in effect until we replace it.

We reserve the right to change our privacy practices and the terms of this notice at any time and make the new notice available upon request. We reserve the right to make the changes in our privacy practices and the new terms of our notice, effective for all health information that we maintain, including health information we created or received before we made the changes.

### **Uses and Disclosures of Health Information**

We use and disclose health information about you for treatment, payment, and healthcare operations. Some instances, but not limited to:

**Payment:** We may use or disclose your PHI to obtain payment for services we provide to you.

**Treatment:** We may use or disclose your PHI to a physician or other healthcare provider providing treatment to you.

**Persons Involved in Care:** We may use or disclose health information to notify or assist in the notification of (including identifying or locating) a family member, your personal representative or another person responsible for your care, location, general condition, or death. In the event of your incapacity or emergency circumstances, we will disclose health information based on a determination using our professional judgment disclosing only health information that is directly relevant to the person's involvement in your healthcare.

**Required by Law:** We may use or disclose your PHI to provide you with appointment reminders (such as, but not limited to voicemail messages, postcards, or letters).

**National Security:** We may disclose to military authorities the health information of Armed Forces personnel under certain circumstances. We may disclose to authorized federal officials PHI required for lawful intelligence, counterintelligence, and other national security activities. We may disclose to correctional institution or law enforcement official having lawful custody of protected health information of inmate or patient under certain circumstances.

**Marketing Health – Related Services:** We will not use your PHI for marketing communications without your written authorization.

### **Patient Rights:**

**Access:** You have the right to get copies of your PHI, with limited exceptions. You must complete a Medical Records Release Request to obtain access to your information. Your copies can be mailed to you, you may pick them up at our office, or we will mail them to a specified location.

**Restrictions:** You have the right to request that we place additional restrictions on our use or disclosure of your PHI. We are not required to agree to these additional restrictions, but if we do, we will abide by our agreement (except in an emergency).

**Amendment:** You have the right to request that we amend your PHI. Your request must be in writing and explain why the information should be amended. We may deny your request under certain circumstances.

**Breach Notification:** We are required to notify you in the event your PHI has been, or is reasonably believed to have been accessed, acquired, or disclosed due to a breach.

### **Patient Responsibilities**

You should arrive on time for appointments and cancel, when necessary, by telephone or in person.

You should provide timely payment for any services requested and delivered.

You should notify this office of any changes in your health status.

You should notify this office of any changes in your insurance, employment, or demographic information.

You should accept responsibility if you decide to refuse treatment.

You should ask questions if you do not understand.



**HIPAA Privacy Practices**

I acknowledge that I have received and /or have been given the opportunity to review this Chiropractic Office's Notice of HIPAA Privacy Practices for protected health information.

Print Patient's Name \_\_\_\_\_

Patient's Signature \_\_\_\_\_

Date \_\_\_\_\_

Consent to Treat a Minor: (Minor's Printed Name) \_\_\_\_\_

Guardian / Spouse's Signature Authorizing Care \_\_\_\_\_

Date \_\_\_\_\_